

## EVENT TALKING POINTS

Thank you for hosting a booth for The Yunique Foundation. Please read through this sheet before you start and refer to it throughout the event as needed.

When hosting a booth, we ask that you distinguish yourself as a **volunteer** for The Yunique Foundation rather than as an employee.

### THINGS TO REMEMBER

- Be sensitive to the people who visit your booth.
- Avoid using profanity and/or discussing graphic details about sex or sexual abuse.
- Don't make any changes or additions to The Yunique Foundation logo or graphics.

### THE YOUNIQUE FOUNDATION MISSION STATEMENT

We inspire hope in women who were sexually abused as children or adolescents by providing healing services through **RETREATS, SURVIVOR COMMUNITIES**, and **ONLINE RESOURCES**.

We make it safe to openly discuss sexual abuse through community dialogue and social awareness.



## QUICK FACTS ABOUT SEXUAL ABUSE

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- **1 in 4 girls is sexually abused before they're 18 years old.**

Source: Centers for Disease Control and Prevention  
<http://www.cdc.gov/violenceprevention/cestudy/about.html>

- **60% of survivors are perpetrator by a trusted friend.**

Source: U.S. Department of Justice, National Sex Offender Public Website  
<https://www.nsopw.gov/en-US/Education/FactsStatistics?AspxAutoDetectCookieSupport=1#perpetrators>

- **30% of survivors are perpetrated by a family member.**

Source: U.S. Department of Justice, National Sex Offender Public Website  
<https://www.nsopw.gov/en-US/Education/FactsStatistics?AspxAutoDetectCookieSupport=1#perpetrators>

- **31% of sexual assaults against teens occur within their own home.**

Source: U.S. Department of Justice, National Criminal Justice Reference Service Website  
<http://www.ncjrs.gov/App/publications/abstract.aspx?ID=194972>

- **1 in 6 boys is sexually abused before they're 18 years old.**

Source: Centers for Disease Control and Prevention  
<http://www.cdc.gov/violenceprevention/cestudy/about.html>

- **90% of survivors know their perpetrator.**

Source: U.S. Department of Justice, National Sex Offender Public Website  
<https://www.nsopw.gov/en-US/Education/FactsStatistics?AspxAutoDetectCookieSupport=1#perpetrators>

- **30% of survivors will perpetrate.**

Source: Center for Sex Offender Management  
<http://www.csom.org/pubs/mythsfacts.html>

- **Children with disabilities are three times more likely to be sexually abused.**

Source: Sullivan, P. M., & Knutson, J. F. (2000). Maltreatment and disabilities: A population-based epidemiological study. Child abuse & neglect, 24(10), 1257-1273.  
<https://pdfs.semanticscholar.org/Oe8d/21b6b0caf16ead7f72a52b374d7dc7125bf2.pdf>

- **Children who are sexually abused face the reality of suffering from depression, struggling in school, burying pain in substance abuse, engaging in unhealthy relationships, and contemplating suicide.**

Source: Centers for Disease Control and Prevention  
<http://www.cdc.gov/violenceprevention/cestudy/about.html>



## DETAILS ABOUT OUR HEALING SERVICES

### RETREATS

Three weeks each month, TYF hosts female survivors of childhood sexual abuse at The Haven Retreat. From Monday to Thursday, these women gather to learn, reflect, and rejuvenate. To sign up, you can visit [yuniquefoundation.org](http://yuniquefoundation.org).

### SURVIVOR COMMUNITIES

TYF has launched Finding Hope Support Groups to provide an opportunity for survivors to share their courage, hope, and experiences in a safe community. Meetings strengthen survivors as they practice TYF's 5 Strategies to Reclaim Hope. Survivors who want to start a group can email [questions@findinghope.org](mailto:questions@findinghope.org)

### ONLINE RESOURCES

There are many valuable resources on the TYF website to help survivors and supporters alike. You can learn everything from grounding techniques to how best to help when someone discloses abuse. Also, follow all of TYF's social media platforms.

## DETAILS ABOUT GETTING INVOLVED

If people are interested in getting involved, send them to [yuniquefoundation.org/volunteer](http://yuniquefoundation.org/volunteer).

## A CALL TO ACTION

Encourage people you talk with to visit our website and follow us on social media. You can also ask visitors to tell three friends about what they learn at your booth.



yuniquefoundation.org  
questions@yuniquefoundation.org  
801-341-2308

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# *Our Mission*

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We inspire hope in women who were sexually abused as children or adolescents by providing healing services through retreats, survivor communities, and online resources.

We make it safe to openly discuss sexual abuse through community dialogue and social awareness.

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Look for a way to lift someone up.  
And if that's all you do, that's enough.

—Elizabeth Lesser—

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VISIT

**YOUNIQUEFOUNDATION.ORG**

TO FIND RESOURCES  
THAT INSPIRE HOPE & HEALING  
FOR SURVIVORS OF  
CHILDHOOD SEXUAL ABUSE.

the  
younique  
FOUNDATION



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FOLLOW US ON

# SOCIAL MEDIA



TO FIND HEALING RESOURCES  
AND WAYS TO HELP SURVIVORS  
OF CHILDHOOD SEXUAL ABUSE.

YOU CAN ALSO SUPPORT SURVIVORS  
BY SHARING OUR POSTS  
WITH YOUR COMMUNITY.



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TO FIND RESOURCES THAT INSPIRE HOPE & HEALING  
FOR SURVIVORS OF CHILDHOOD SEXUAL ABUSE.

- AND -

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the  
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GO HOME AND  
**TELL 3 FRIENDS**

ABOUT THE YOUNIQUE FOUNDATION  
AND WHAT YOU LEARNED  
ABOUT HOPE AND HEALING  
FOR SURVIVORS  
OF CHILDHOOD SEXUAL ABUSE.



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MAKE A  
**DONATION**

IT COULD BE  
ONE-TIME OR RECURRING,  
AND ANYTHING YOU DONATE  
IS DOUBLE-MATCHED  
BY OUR FOUNDERS.



## our mission

We inspire hope in women who were sexually abused as children or adolescents by providing healing services through retreats, survivor communities, and online resources.

### FINDING HOPE SUPPORT GROUPS

We have developed peer-led support groups that have three priorities in mind: Safety, Community and Education. Gathering with other survivors in a safe environment to share support can significantly contribute to the healing journey. For information on finding a group to attend or in starting a group in your community, visit [findinghope.org](http://findinghope.org).

### THE HAVEN RETREAT

The four-day retreat focuses on activities that increase the likelihood of healing from the trauma of childhood sexual abuse. While many activities are in a group setting (8-12 women) with other adult female survivors of childhood sexual abuse, participants also have personal time to reflect and rejuvenate.

*Any adult woman who was sexually abused at or before age 18 is eligible to attend The Haven Retreat. Also, participants must be able to safely live in a social environment for four days with a group of other survivors and abstain from drugs and alcohol without significant withdrawals.*

*Due to the generosity of our founders and donors, survivors attend The Haven Retreat for free. Participants are responsible for travel to and from pick-up locations in the Salt Lake City or Atlanta area. All food, lodging, and services are provided free of charge.*

I am so appreciative of the opportunity to participate in the retreat . . .  
I feel like I am 100% capable of living the life I deserve.

—Tina, Survivor and Retreat Participant—